## Electromyography (EMG) Patient Information Guide

## What is an EMG?

EMG testing is a diagnostic examination of the peripheral nervous system, which includes nerve and muscle functions EMG test includes nerve conductions studies and muscle needle examination

## **Preparation:**

Skin should be dry and clean- no lotions, oils, or creams Wear loose and comfortable clothing Patient can take ALL medications as prescribed by his/her physician

## **Results:**

Doctor will explain and go over the results right after the completion of the test. If you have a referring doctor, results will be forwarded.